

Comprehensive Health Index for *Alternatives for the Health-Conscious Individual* Volumes 1–13, July 1985 through June 2010

NOTICE: Entries listed in red are included on this CD. Click on the Volume Number to open a PDF of that issue. If you get a Security Warning dialog box always click ALLOW to launch the PDF.

Volume 1 (July 1985–June 1987)

1985: 1 (Jul.) 2 (Aug.) 3 (Sep.)
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FROM THE DESK OF
Dr. David G. Williams

Dear *Alternatives* Subscriber,

Twenty-five years ago, I started *Alternatives* committed to bringing people the safest, most effective solutions for their health problems. Today—300 issues later—my mission remains the same, and providing you with this Comprehensive Health Index is an integral part of that mission. Many of you have written to me asking about very specific health problems, but as I'm sure you're aware it's not possible for a doctor to provide individual medical advice without actually seeing the patient. And it's simply not possible for me to cover every health condition in every issue.

What I *can* do, however, is provide you with easy access to previous issues and special reports that cover the conditions that are most important to you. Nobody can predict when they'll need health advice on a particular topic, but with this resource you can rest assured that you'll find what you need, when you need it.

If you need assistance in researching a health concern, or if you find certain issues you'd like to order, call us toll-free at 800-718-8293. And, as always, please continue to write to me with your feedback—your Readers Savvy Solutions, and your *Alternatives* Inbox questions—these are a valuable part of the newsletter, and are very important to me personally.

Sincerely,

A handwritten signature in black ink that reads "Dr. David Williams". The signature is fluid and cursive, with a long, sweeping underline that extends to the right.

Dr. David Williams

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An **asterisk (*)** after an entry indicates a **full issue devoted to that topic**.

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